

The Bare Necessities – So Much More Than Underwear

By: [Elizabeth DiAlto](#)

Undergarments can be the unsung heroes of an outfit, or the unfortunate demise. But don't take our word for it. Any given episode of "What Not to Wear" usually reinforces this cardinal rule. As women, we face A LOT of challenges in the undergarment department which is why today we've identified some of our least favorites, and products to stand up to them!

The challenge: You finally found a bra you love, too bad it won't last forever.

The solution: Maybe it won't last forever, but it could last a while longer if you use a [Berry Ball & Bag!](#)



This care solution set for lingerie & delicates lets you wash your bras, undies, tights, socks and even swimwear in the washing machine – without destroying them. By protecting your delicates in the washing machine, The Berry Ball & Bag extends the life of your lingerie so you don't have to buy new ones as frequently. Not to mention the power duo saves you valuable time from painstaking hand-washing – which no one has the time for anyway.

BONUS USE: works well as a storage device for bras when you travel to keep your cups in tact. Excellent.

The challenge: Unsightly lines, bumps and rolls.

The solution: Smooth 'em out with [Spanx](#).



In 2009 one of our friends was invited to 13 weddings. Her absolute favorite accessory was not a bracelet or a necklace to go with all those dresses. It was her Spanx. Let's face it, no matter how fit and toned we are, we're women, and none of us are ever upset about something that will smooth over underwear lines, flatten our bellies or camouflage our cottage cheese, na'mean?

The challenge: Keeping it classy and stylish without adding a full extra layer that can add unnecessary "bulk" to your look.

The solution: [Second Base Demi Camisoles](#) slip on over your bra and provide the perfect coverage for any situation.

1 Put on your Favorite Bra		2 Slip on Second Base*		• Silky-Soft Fabric • Feather-Light Layer • Won't Bunch Up	3 Wear Any Top or Dress	
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Sources of Light



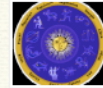
The Bare Necessities – So Much More Than Underwear

Keep things tucked, tight, and smooth with these delightful Bare Necessities and never worry about a VPL again!



The Scoop on Giving Back To Those In Need

Let's not forget the importance of giving back to those in need. It doesn't have to be a special reason, you can give back today!



Astrological Forecast For March

Check out your Horoscope for this month and be amazed at how accurate it is!!



Wisdom Is Colorful At Any Age

Get inspired by these two captivating film makers and see how they juggle everything in their full lives.



Do You Know What Your Goods Are?

Learn how to know what your GOODS are and gain confidence in an instant.



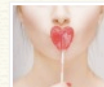
Professor Chocolate ~ So Much More Than Chocolate

18 comments.



Your Lifestyle Resolution

16 comments.



I Love Me...First!

15 comments.



Add Color To Your Morning Routine

15 comments.