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Boudoir Betties

Star in your own photo shoot—for your husband-to-be's eyes only



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Your man's latest thrill? Nope, not a new car, video game or game tickets this time! Try sexy, yet tasteful, shots of you taken by a skilled photographer specializing in boudoir. "The term 'boudoir' used to refer to a woman's bedroom or private sitting room. In the context of photography, it showcases a woman's sensual side and empowers her to flaunt her sexuality or take on the persona of whatever era may be of interest to the individual," says Susan Eckert of LlBoudoirPhotography.com in New York. Boudoir shots are a way for your man to catch a glimpse of what's to come—an adventurous, beautiful lady to spend his life with!

The gift that keeps on giving. Aside from being a (and jaw-dropping) surprise gift for him, many women feel that this is a great permanent record of them. "I cannot tell you how many times my clients come to me after the session and tell me that they went to think it was a gift for a fiancé/husband, but ended up realizing how much a gift it was to themselves," says Michelle Lindsay of Michelle Lindsay Photography in Washington, D.C.

Bare necessities. You may be thinking, "Do I have to go nude?" Eckert explains, "No! I've shot boudoir images where my model has worn anything from a gown to lingerie, to vintage outfits, to yes, nothing at all."

Style file. Many boudoir photographers choose to specialize in one particular style of boudoir photography, be it retro pinup or Maxim-style fashion shoots. Scout out a photographer that best fits your needs.

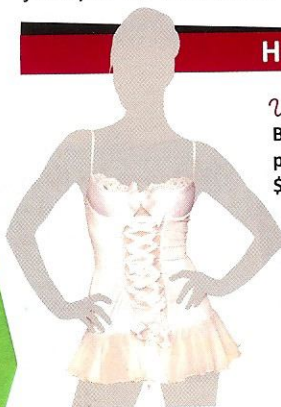


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Remain calm. Latina Vega of Latina Vega Photography in Hawaii says, "I like to joke a lot. I start out posing so that they aren't too shy to pose on their own, and by the end of the shoot, I have great shots of poses they came up with."

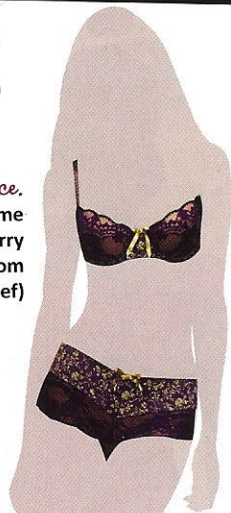
What to pack. Bring anything you know your significant other will like or love—from a favorite dress to a sports jersey of his to lingerie, of course.

Hot Little Numbers



Wedding-night white.
Bridal Chemise
pamperedpassions.com
\$49.95

Not-so-innocent lace.
Aubade La Dame
D'Flanders in Blueberry
myintimacy.com
\$145 (bra); \$109 (brief)



Girl, if you've got it, flaunt it!
Scarlet Half-Padded Bra and Thong in Vintage Pink
Half-Padded Bra: \$32 (bra); \$16 (thong)
affinitasintimates.com



Polka dots can play too.
Black Polka-Dot Garter
shop.getmarried.com
\$6.95



Something blue.
With All My Heart Garter
shop.getmarried.com
\$18